

Blackhall Nursery

Nappy Changing Policy

Policy Statement

No child will be excluded from attending nursery because they are not, yet toilet trained and may still require nappies or other continence products. We recognise that children achieve toilet training at different stages of development and in partnership with parents and carers, will support children with toilet learning when they show signs of readiness.

The nursery provides appropriate nappy-changing facilities and follows robust hygiene and infection prevention and control procedures. Good hygiene practices are essential in reducing the risk of infection and promoting the health, wellbeing, comfort, privacy and dignity of both children and staff.

Procedures

- Children wearing nappies will have their nappies checked regularly throughout the session and at least every **two hours**.
- Nappies will be changed immediately when soiled and as soon as practicable when wet or sooner when a child's individual needs require more frequent change.
- Staff will ensure that each child's comfort, health, dignity and wellbeing are always maintained and will follow the setting infection prevention and control procedures during every nappy change.
- Staff will speak with parents/carers prior to the child starting at Nursery to find out how often the child needs to be changed and record this in the Personal Plan.
- **Staff will always follow child protection procedures.**
- Staff will regularly check children who wear nappies and change as required.
- Staff will follow safe nappy changing guidance as detailed in Appendix 8 of Infection, Prevention and Control in Childcare Settings (May 2018) issued by Health Protection Scotland. This will be displayed in the nappy changing area.
- Each child will have their own named box containing nappies supplied from home.
- Staff will never turn their back or leave a child unattended on the raised changing table.

- If parents request that a nappy cream be used, they will complete a medication form with the details
- The raised changing table and mat will be disinfected after each use.
- Staff will protect the child's privacy by using the curtain around the changing mat.
- The child can choose to be changed standing up within a toilet cubicle if they prefer to do so.
- Children and staff will wash their hands at the designated bathroom sinks following a nappy change.
- Nappies are disposed of hygienically. The nappy is bagged and put into a lined nappy bin immediately.
- Nappy changing time will be part of a social routine that provides opportunities for relaxed interactions between children and staff and supports learning experiences.
- All children are treated with dignity.

Useful links:

Infection Prevention and Control in Childcare Settings (Health Protection Scotland, May, 2018)
https://hpspubsrepo.blob.core.windows.net/hps-website/nss/2448/documents/1_infection-prevention-control-childcare-2018-05.pdf

Health and Social Care Standards (Scottish Government, 2017)
<https://www.gov.scot/publications/health-social-care-standards-support-life/pages/4/>

Nappy changing facilities for early learning and childcare services: information to support improvement (Care Inspectorate, 2024)
[nappy-changing-guidance-2024.pdf \(careinspectorate.com\)](https://www.careinspectorate.com/nappy-changing-guidance-2024.pdf)

This Policy links to:
 Health and Social Care Standards: 1.0, 1.4, 4.11, 5.4
 UNCRC Articles:12,16,24

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